

Independent Training at Higher Power Training!

If you train for one of the health club and fitness center chains, you probably feel: boxed in, underappreciated, underpaid and overworked. You probably have thought about going out on your own doing in-home training, or training somewhere independently or even starting your own facility. What would your ideal training space include? This is what we have tried to create – the perfect space to train clients.

HPT offers independent personal trainers and independent sports performance coaches an awesome facility to train their clients and run their own business! Conveniently located in Eden Prairie with easy access to I-494, and Hwys 169, 212 and 62, HPT is the perfect destination for your current clients and future prospects

WHY INDEPENDENT TRAIN AT HPT?

At HPT, we created the dream facility for all trainers. If you want the best opportunity to grow your business on your own but don't want the overhead of a space - HPT is for you.

- THE SPACE: This is not a personal training studio. We are a 15,000 square foot Personal Training and Sports Performance Facility. We have and open floor plan with 18 foot ceilings. Our sports training area includes: 2500 sq. ft. of turf and 2500 sq. ft. equipment and a 3 lane 40+ yard sprint track. Our personal training are is 3200 sq. ft.
- THE LAYOUT: Equipment is laid out optimally to maximize station training and traffic flow. Plenty of room between equipment for bodyweight training anywhere!
- THE EQUIPMENT: We are a hybrid of a collegiate strength and conditioning facility and a big box club. We have Atlantis equipment, free weights with dumbbells from 2 120 lbs, cardio even reverse hypers, glute ham benches, Olympic lifting platforms, 9 squatting stations. 2 sleds and 2 ropes.
- THE LOCATION: Convenient/accessible great freeway access, affluent southwestern suburbs.
 - THE LOCKER ROOMS: Luxurious, Secure lockers, and private showers and best of all- Clean!
- THE TURF: 2500 square foot Turf Rental is available for your own group classes
- THE TRAINERS: Professional, courteous, and respectful of you and your clients no stealing clients allowed!
- THE ATMOSPHERE: Competitive, inspiring, motivating, result's orientated and fun, but drug-free.
- THE COMMISSIONS: Great commissions on Healthcare practitioner brand supplements and any HPT services!
- THE FRONT DESK STAFF: They will greet and assist your clients too!
- THE PRICE: For what you get, you can't beat it. What would you pay for your own facility? How long will it take to turn a profit? Turn a profit on your first session!

GET STARTED

Starting with us is easy. Just call (952) 942-6320 or email (info@higherpowertraining.com) and request a time to come in and meet with us. We enjoy helping independent trainers successfully make the leap! Because we are committed to giving every client the best experience possible, there are a limited number of spots available to Independent Trainers to avoid overcrowding.